

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

B-Sausage biscuits, pears **1**
L-tater tot casserole, mixed veggies
S-Veggie Sticks w/ crackers

B- Ham & Egg Casserole, mixed fruit **2**
L- Ham & cheese sliders, cucumbers, mixed fruit
S-Animal Crackers, Yogurt

B-WG Cereal, Banana **3**
L-Pizza, Salad, Pears
S- Sunchips, Juice

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B- oatmeal, peaches **7**
L- ground beef tacos, pinto beans, pears
S- string cheese, wheat thins

B-bagels w/ cream cheese, oranges **8**
L-Grilled chicken, mashed potatoes, corn
S-Cantaloupe, Pretzels

B-Bean & cheese taco, pears **9**
L-mini corn dogs, tots, peaches
S-grahams, yogurt

B- WG Cereal, Banana **10**
L- Pizza, Salad, Pineapple
S- Chex mix, Juice

B-French toast sticks, apple sauce **13**
L- Chicken alfredo, broccoli, oranges
S-String cheese, crackers

B- oatmeal w/banana **14**
L- quesadillas, ranch style beans, pineapple
S- apple sauce, grahams

B-monkey biscuits, pears **15**
L- shepherds pie, mixed veggies, mixed fruit
S-carrots, ranch, crackers

B-Potato egg casserole, pineapple **16**
L-Turkey cheese wraps, peaches, pickles
S- hummus, crackers

B- WG Cereal, Banana **17**
L- Pizza, Salad, Mixed Fruit
S- Cheese Its, Juice

B-Cinnamon toast, apple sauce **20**
L-cheeseburger macaroni, peas, pears
S-Banana Bread

B-oatmeal w/ strawberries **21**
L- enchilada casserole, corn, peaches
S-cantaloupe, cheese its

B-biscuits and gravy, mixed fruit **22**
L- pork egg rolls, oranges, fried rice
S- apple sauce, grahams

B- Sausage egg casserole, pears **23**
L- Ham & cheese sandwich, oranges, cucumbers
S-Animal crackers, yogurt

B- WG Cereal, Banana **24**
L- Pizza, Salad, Peaches
S- Goldfish, Juice

B- Pancakes, apple sauce **27**
L- chicken & rice casserole, green beans, pears
S-crackers and cheese

B-Brown sugar cinnamon oatmeal, peaches **28**
L-taco pasta, corn, oranges
S-apple slices, crackers

B-bagels w/ cream cheese, pears **29**
L-fish sticks, green beans, peaches
S-veggie sticks, wheat thins

B-Breakfast burritos, oranges **30**
L-Chicken Salad, crackers, cucumbers, pears
S-grahams, yogurt

Sept
FEED YOUR CREATIVITY



Announcements:



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
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